



| Acceptance | Diversity | Kindness | Safety |
|----------------|---------------------|----------------------|------------------|
| Accountability | Empathy | Knowledge | Security |
| Achievement | Excellence | Leadership | Self-discipline |
| Adaptability | Fairness | Learning | Self-expression |
| Adventure | Faith | Legacy | Self-respect |
| Altruism | Family | Leisure | Service |
| Ambition | Financial stability | Love | Simplicity |
| Authenticity | Forgiveness | Loyalty | Spirituality |
| Balance | Freedom | Making a difference | Sportsmanship |
| Beauty | Friendship | Openness | Stewardship |
| Being the best | Fun | Optimism | Success |
| Belonging | Future generations | Order | Time |
| Career | Generosity | Nature | Teamwork |
| Collaboration | Giving back | Parenting | Thrift |
| Commitment | Grace | Patience | Tradition |
| Community | Gratitude | Peace | Travel |
| Compassion | Growth | Perseverance | Trust |
| Competence | Harmony | Personal fulfillment | Understanding |
| Confidence | Health | Power | Uniqueness |
| Connection | Inclusion | Pride | Usefulness |
| Contentment | Independence | Recognotion | Vision |
| Contribution | Integrity | Reliability | Vulnerability |
| Cooperation | Initiative | Respect | Wealth |
| Courage | Intuition | Resourcefulness | Wholeheartedness |
| Creativity | Job security | Responsibility | Wisdom |
| Dignity | Joy | Risk-taking | Write your own |

"The beliefs that are most important to you, that help you find your way in the dark, that fill you with a feeling of purpose."

Brene Brown